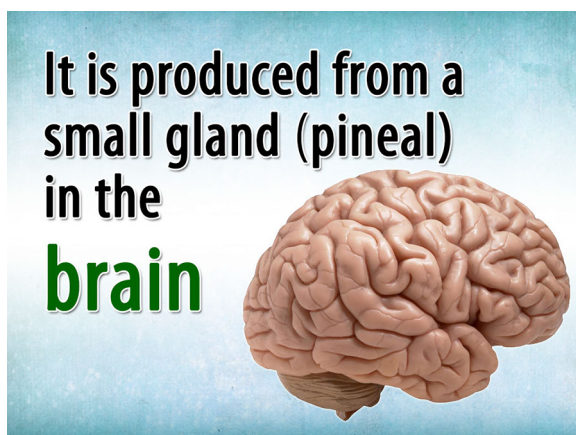




WEX-1402-04-001



WEX-1402-04-002



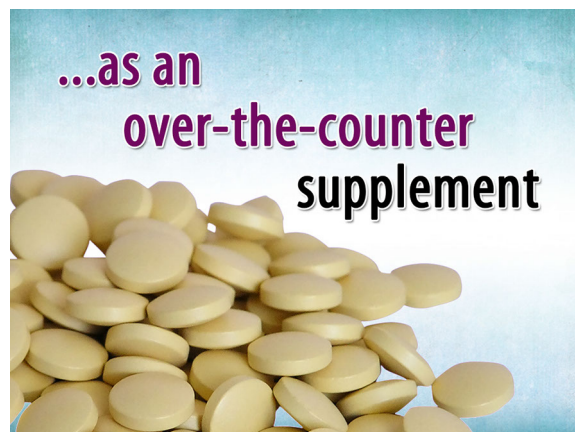
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WEX-1402-04-004



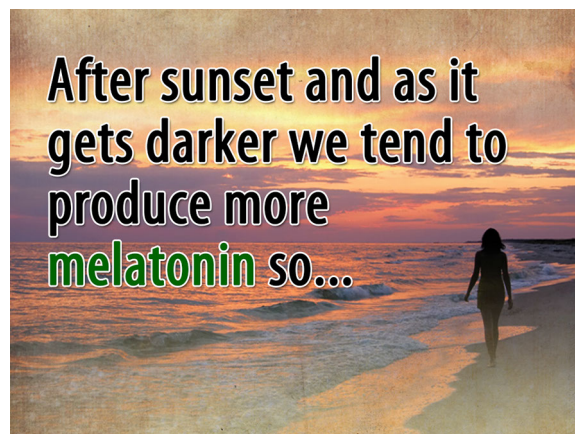
WEX-1402-04-005



WEX-1402-04-006



WEX-1402-04-007

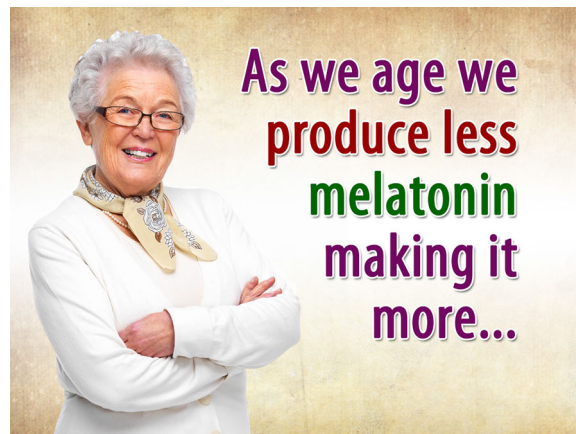


WEX-1402-04-008



...bright,
artificial light
actually
prevents
melatonin production

WEX-1402-04-009



As we age we
produce less
melatonin
making it
more...

WEX-1402-04-010



...difficult for older
adults to get
a good
sleep

WEX-1402-04-011



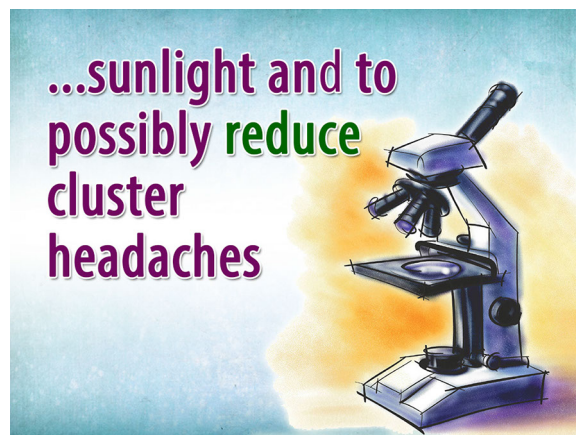
Science is looking at
Melatonin
supplements
to treat
insomnia...

WEX-1402-04-012



...minimize seasonal
depression (SAD)
from lack
of...

WEX-1402-04-013



...sunlight and to
possibly reduce
cluster
headaches

WEX-1402-04-014



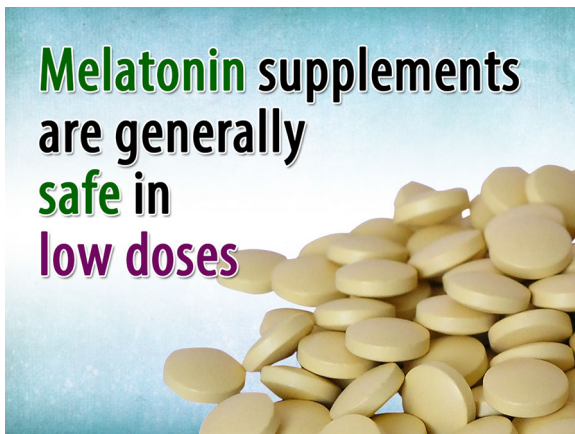
In 2013 the
supplement was
found to
reduce pain...

WEX-1402-04-015



...in females
suffering from
endometriosis

WEX-1402-04-016



WEX-1402-04-017



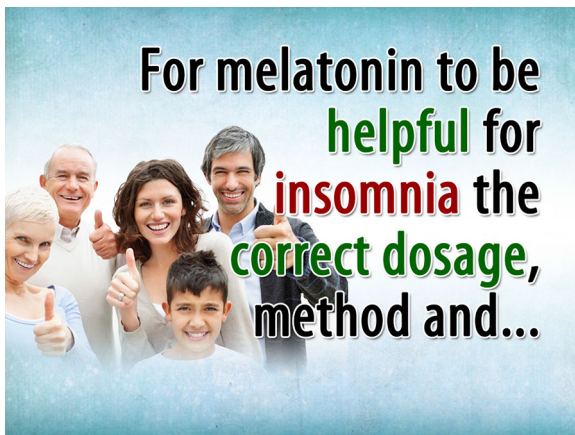
WEX-1402-04-018



WEX-1402-04-019



WEX-1402-04-020



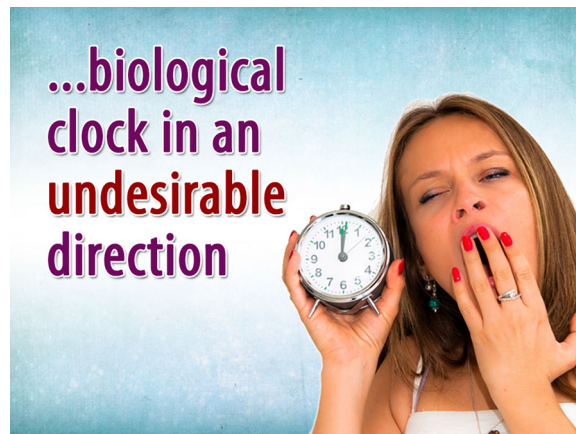
WEX-1402-04-021



WEX-1402-04-022



WEX-1402-04-023



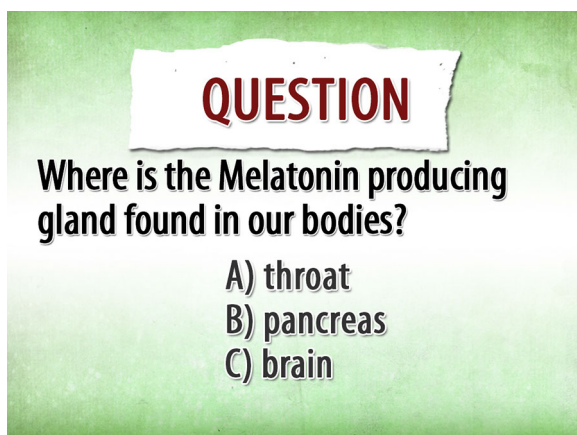
WEX-1402-04-024



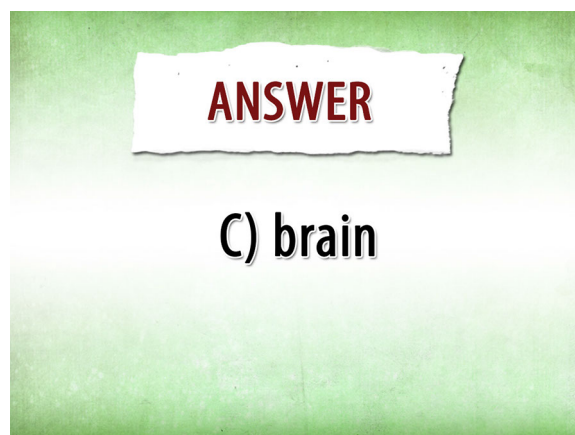
WEX-1402-04-025



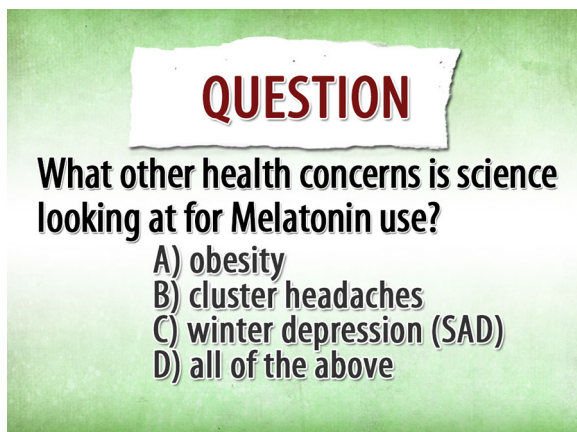
WEX-1402-04-026



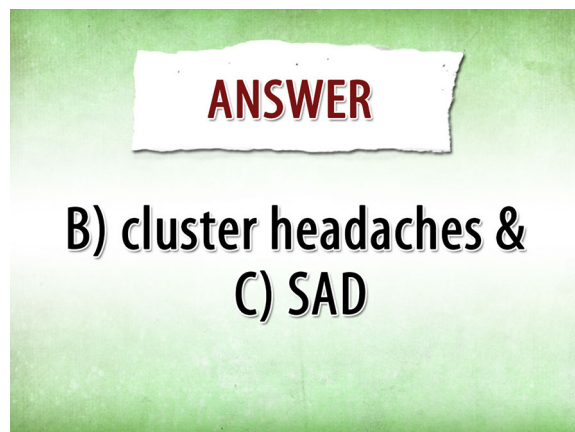
WEX-1402-04-027



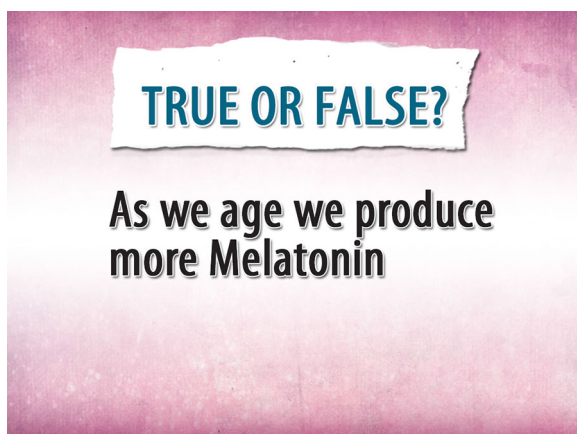
WEX-1402-04-028



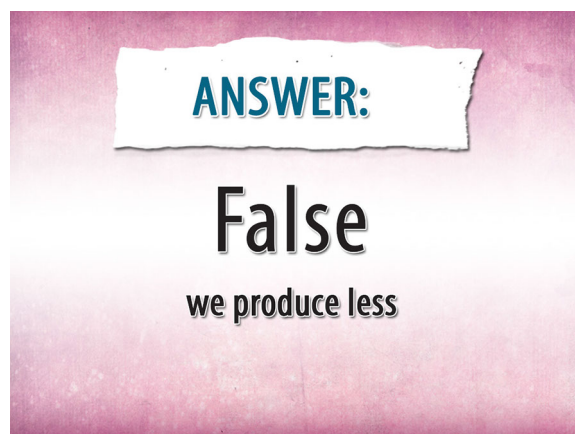
WEX-1402-04-029



WEX-1402-04-030



WEX-1402-04-031



WEX-1402-04-032

TRUE OR FALSE?

Some Melatonin can also be obtained by eating...

- A) meat
- B) fruit
- C) vegetables

WEX-1402-04-033

ANSWER:

True

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WEX-1402-04-034